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Girls' Softball Practice Plans: Ages 6-10



Synopsis

A season's worth of great girls' softball practice plans! Coach Jerry Laird presents 20 hour-long practice plans full of girls' softball drills, skills and coaching tips developed for beginner and intermediate softball players. Each practice plan focuses on a new skill and there are plenty of topics and team building activities throughout. The plans provide an entire season worth of essential softball skills – hitting, fielding, throwing, baserunning, and situational play – that young players need to master, all delivered in an easy-to-follow, time-specific format.

Book Information

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Customer Reviews

Used most of these drills for our winter league team. As a coach you run out of creative ideas all the time.

Did not use any of this material in my practices. I didn't like it just my opinion.

Excellent day by day, practice to practice ideas and plans. Couldn't ask for anything more.

If you are looking for ready made practices to follow to have kids practice fundamentals this book is for you. Nothing fancy, just how to have kids practice step by step for one hour and learn skills while staying ACTIVE!

Perfect for the beginning youth softball coach. Highly recommended!

It was okay. I was looking for more instructional aids, not necessarily practice drills. There are a few drills I'll be able to use.

I have played sb for many years but have never taught. After reading and planning put my practice I am comfortable that I will do my team proud

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